



## 2010 TWIN LAKES SWIM TEAM INFORMATION

Greetings and welcome to the 2010 swim season! This year, Twin Lakes has joined the Rochester Area Swim League (RASL), and will be swimming with teams from LifeTime Fitness, Oakhurst, Great Lakes Athletic Club, Fox Hills, Clarkston, and Wyndgate. We are looking forward to a great summer season with many exciting changes!

We are very pleased to introduce Tim Hickey as our new Head Swim Coach. Tim grew up in Rochester and was a member of the Oakland Live Y'ers swim team from the age of 8. He was a multiple time YMCA National Qualifier, a Long Course National Champion in the 200 backstroke, and was an All-State and All-American swimmer at Rochester Adams High School. After swimming for two years at Purdue University and two years at Oakland University, Tim began coaching the boys swim team at Adams High School. Two years later, he also began coaching the girls swim team at Adams, and has been coaching both teams ever since. Tim has coached many high school State Champions and All-Americans during his time at Adams. In addition to high school coaching, Tim has also coached the summer swim teams at Heart of the Hills and Life Time Fitness, and has been an assistant coach with many local year-round swim teams.

The Twin Lakes Swim Team is comprised of children ages 5 to 18, and is always open to new swimmers. Swim club membership is required. New swimmers may qualify for the team by showing they can swim or paddle one length of the pool on their front, and one length on their back, in any fashion.

### **Swim Team Pricing:**

One swimmer:	\$140.00
Two swimmers:	\$275.00
Three or more swimmers:	\$405.00
Hospitality Fee:	\$12.50 additional per swimmer

### **Swim Team Registration**

#### **Registration – Wednesday, May 19<sup>th</sup>, 6:00-7:30 pm**

This registration is open to all swimmers and will take place inside the Twin Lakes banquet facility. Coach Tim will be there to answer any questions you might have.

#### **Registration and new swimmer try-outs – Saturday, May 22<sup>nd</sup> 1:00-3:00 pm**

This registration is open to all swimmers and will take place on the pool deck. Coach Tim will be there to answer questions and to assess new swimmers that are interested in joining the swim team.

Updated swim team practice schedules, swim meet schedules, t-shirts, and information regarding team suit ordering will be available during both registrations. It is highly recommended that all team members get registered early in order to get their team suit ordered on time.

### **Championship Finals**

The championship finals will be held on July 24<sup>th</sup> – July 25<sup>th</sup> at Oakhurst Golf & Country Club. The traditional team awards ceremony and party is scheduled for Friday, July 30<sup>th</sup>.



### **Early Season Swim Team Practice Schedule**

**Monday through Friday, May 24<sup>th</sup> through June 11<sup>th</sup>, 2010**

Ages 11 & older	4:00 - 5:00 pm
Ages 9 & 10	5:00 - 6:00 pm
Ages 8 & younger	6:00 - 7:00 pm

### **Summer Swim Team Practice Schedule**

**Beginning Monday, June 14<sup>th</sup>, 2010**

Ages 11 & older	7:30 - 9:00 am
Ages 9 - 10	8:45 - 10:00 am
Ages 8 & younger	10:00 - 11:00 am

**Saturday practices begin May 29<sup>th</sup>, 2010**

(The first Saturday practice will be a "fun day")

Ages 11 & older	8:00 - 9:00 am
Ages 9 - 10	9:00 - 10:00 am
Ages 8 & younger	10:00 - 11:00 am

### **Tentative Summer Swim Meet Schedule**

Wednesday, June 23	Tri-meet	Twin Lakes / Oakhurst / LifeTime Fitness
Tuesday, July 6	Tri-meet	Twin Lakes / Wyndgate / LifeTime Fitness
Saturday, July 10	Tri-meet	Twin Lakes / Clarkston / Fox Hills
TBD (2 meets possible)	Dual meet	Twin Lakes / Great Lakes Athletic Club
TBD		Great Oaks Mini-Meet
TBD		Wyndgate Mini-Meet
Sat. / Sun. July 24-25		Championship Finals at Oakhurst

Questions or concerns? Please contact:

Tim Hickey  
Head Swim Coach  
(248) 506-0279  
[timhickey18@comcast.net](mailto:timhickey18@comcast.net)

Erika Pardon  
Member Services  
(248) 601-4170  
[erika@twinlakesgc.com](mailto:erika@twinlakesgc.com)