



2010 TWIN LAKES SWIM TEAM INFORMATION

Greetings and welcome to the 2010 swim season! This year, Twin Lakes has joined the Rochester Area Swim League (RASL), and will be swimming with teams from LifeTime Fitness, Oakhurst, Great Lakes Athletic Club, Fox Hills, Clarkston, and Wyndgate. We are looking forward to a great summer season with many exciting changes!

We are very pleased to introduce Tim Hickey as our new Head Swim Coach. Tim grew up in Rochester and was a member of the Oakland Live Y'ers swim team from the age of 8. He was a multiple time YMCA National Qualifier, a Long Course National Champion in the 200 backstroke, and was an All-State and All-American swimmer at Rochester Adams High School. After swimming for two years at Purdue University and two years at Oakland University, Tim began coaching the boys swim team at Adams High School. Two years later, he also began coaching the girls swim team at Adams, and has been coaching both teams ever since. Tim has coached many high school State Champions and All-Americans during his time at Adams. In addition to high school coaching, Tim has also coached the summer swim teams at Heart of the Hills and Life Time Fitness, and has been an assistant coach with many local year-round swim teams.

The Twin Lakes Swim Team is comprised of children ages 5 to 18, and is always open to new swimmers. Swim club membership is required. New swimmers may qualify for the team by showing they can swim or paddle one length of the pool on their front, and one length on their back, in any fashion.

Swim Team Pricing:

One swimmer:	\$140.00
Two swimmers:	\$275.00
Three or more swimmers:	\$405.00
Hospitality Fee:	\$12.50 additional per swimmer

Swim Team Registration

Registration – Wednesday, May 19th, 6:00-7:30 pm

This registration is open to all swimmers and will take place inside the Twin Lakes banquet facility. Coach Tim will be there to answer any questions you might have.

Registration and new swimmer try-outs – Saturday, May 22nd 1:00-3:00 pm

This registration is open to all swimmers and will take place on the pool deck. Coach Tim will be there to answer questions and to assess new swimmers that are interested in joining the swim team.

Updated swim team practice schedules, swim meet schedules, t-shirts, and information regarding team suit ordering will be available during both registrations. It is highly recommended that all team members get registered early in order to get their team suit ordered on time.

Championship Finals

The championship finals will be held on July 24th – July 25th at Oakhurst Golf & Country Club.

UPDATED: The traditional team awards ceremony and party is scheduled for **Sunday, July 25th** at 5:30 pm, with dinner being served at 6:00 pm.



Early Season Swim Team Practice Schedule

Monday through Friday, May 24th through June 18th, 2010

Ages 11 & older	4:00 - 5:00 pm
Ages 9 & 10	5:00 - 6:00 pm
Ages 8 & younger	6:00 - 7:00 pm

Summer Swim Team Practice Schedule

Beginning Monday, June 21st, 2010

Ages 11 & older	7:30 - 9:00 am
Ages 9 -10	8:45 - 10:00 am
Ages 8 & younger	10:00 - 11:00 am

Saturday practices begin May 29th, 2010

(The first Saturday practice will be a "fun day")

Ages 11 & older	8:00 - 9:00 am
Ages 9 - 10	9:00 - 10:00 am
Ages 8 & younger	10:00 – 11:00 am

Summer Swim Meet Schedule

Wednesday, June 23	5:30 pm	@Oakhurst	(Twin Lakes / Oakhurst / LifeTime Fitness)
Saturday, June 26	8:00 am	@Great Lakes	Athletic Club
Tuesday, July 6	5:30 pm	@Wyndgate	(Twin Lakes / Wyndgate / LifeTime Fitness)
Friday, July 9	8:00 am	@Wyndgate	Wyndgate Mini-Meet
Saturday, July 10	8:30 am	@Clarkston	(Twin Lakes / Clarkston / Fox Hills)
Sat. / Sun. July 24-25			Championship Finals at Oakhurst

Questions or concerns? Please contact:

Tim Hickey
Head Swim Coach
(248) 506-0279
timhickey18@comcast.net

Erika Pardon
Member Services
(248) 601-4170
erika@twinlakesgc.com